



## Elevate Your Safety and Well-Being

The LifeGuardian isn't just another app—it's your shield, providing both preventative and reactive features to ensure your safety. With immediate access to emergency and health services, promotion of preventive healthcare and facilitation of remote health monitoring, it also pairs seamlessly with Apple's wearable technology that detects emerging health patterns that might indicate potential health risks, keeping you ahead of your well-being.

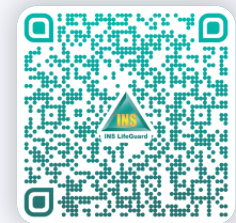


## About Our Company

Established in 1984 as the Illawarra Nursing Service, The INS Group is one of Australia's oldest care providers. INS LifeGuard, a division of The INS Group, offers quality care through technology solutions. Our response center, staffed by experienced nurses and healthcare professionals, operates 24/7.

### Get In Touch

-  Call INS LifeGuard **1800 636 040**
-  International Enquiries **+61 2 4254 6226**
-  PO Box 485 Unanderra **NSW 2526 Australia**



SCAN TO VISIT OUR WEBSITE



# Stay Connected Stay Healthy Stay Safe Get Help

# Exclusive Features

Empower yourself with the LifeGuardian App – an innovative solution developed to put your health and safety at the forefront, offering you the freedom to lead an independent lifestyle while staying securely connected.

Experience the advantage of Australia's exclusive nurse-on-call response, accessible round the clock and operated by skilled nurses and healthcare experts. Rest assured, your well-being is entrusted to capable hands. By pressing the HELP button on your iPhone or Apple Watch, you gain direct access to qualified medical professionals



## Nurse On Call

Be supported by the only nurse on-call personal emergency response service in Australia.



## 24/7 Personal Alarm

Simply press the HELP button on your Apple Watch or iPhone for help, 24 hours a day, seven days a week.



## Fall Detection and Prevention

Our system not only identifies the risk of falling but also swiftly detects actual falls, prompting immediate alerts to our emergency centre. This ensures prompt assistance reaches the user, particularly during critical moments.



## Motor Vehicle Crash Detection

Our advanced technology detects car crashes and notifies our nurses automatically, ensuring timely intervention if you cannot respond.



## Critical Vital Signs Monitoring via Apple Watch

Monitors health data from the Apple Watch, enabling nurses to identify critical or emerging health patterns. It can suggest actions and allow you to speak to a nurse, who may recommend a care plan\* for you to follow in the app.



## Geofence Alerts

Ideal for individuals with dementia or Alzheimer's, our geofence feature automatically sends an alert when entering or exiting designated areas, providing added security and peace of mind.



## GPS Locator

No matter where you are, our GPS locator ensures swift and accurate assistance in emergencies, allowing our nurses to pinpoint your location and dispatch help promptly.



## Medical Information & Nurse Chat Line

Access to comprehensive medical information, expert guidance and emotional support through a dedicated nurse chat line.



## TeleHealth Services

Access professional medical assistance remotely, reducing the need for physical appointments. Family, carers or healthcare professionals can track patients' vital signs in our real-time monitoring, allowing for early detection of any abnormalities or health concerns.



## Remote Worker Services\*

Access a range of features designed to enhance the safety and productivity of remote workers, including automated check-ins, silent alarm activation, live camera access for immediate situational awareness, and employer management via the web portal.



## Concierge Service

Enjoy personalised assistance and support for non-medical needs, such as scheduling appointments, arranging transportation, or coordinating services, enhancing overall convenience and quality of life.



## Stay Connected with Family, Village or Care Manager

Stay connected and supported with LifeGuardian Connect\*. Easily respond to scheduled welfare checks set by family, care providers, or village staff and foster seamless communication and coordination through two-way messaging. They can also receive alerts for alarms and critical events, view or update your information, monitor any vital signs that have been recorded, set up Geofence areas that notify them when you enter or leave specified areas, and set up tasks, reminders, and automated welfare checks for added peace of mind.

*\*Coming Soon*

Discover, Convenience, Accessibility, and Cutting-Edge Healthcare Solutions with Australia's Premier Nurse On-Call Emergency Response Service.

SCAN TO  
DOWNLOAD  
THE APP

