INS LifeGuard



Mobile Alarm Systems

Feel free to get out and enjoy life, knowing help is always available.

Remain independent; free to go wherever you like, and do the things you love without causing your loved ones to worry with a Mobile Alarm System from INS LifeGuard. With the press of a button, you're in contact with an experienced nurse, wherever you are. *That's unique to INS LifeGuard!*

With professional monitoring, any alarms are sent to a nurse in our 24/7 Emergency Response Centre — so help is always available. The nurse can speak with you via speakerphone and assess the situation. The built-in GPS locator ensures we'll be able to locate you in an emergency and send help at once — even if you are not able to respond.

Our mobile alarms are fully featured, stand-alone systems, so they're not tethered to a base unit in your home. They don't require a telephone line or broadband connection. Please see other side to choose the option that best suits your needs.

Our LifeGuard SmartMobile, LifeGuard SmartMobile app, and LifeGuard SmartWatch let you record your vital signs — either wirelessly using our approved range of monitors (blood pressure, blood sugar level, pulse, temperature, weight and ECG), or manually using your existing devices. You or your family / carer can monitor the data via our free LifeGuard SmartCarer app or our secure Client Portal.

INS LifeGuard Mobile Alarm Systems provide assurance that with the simple press of a button you can contact a nurse at any time of the day or night and know that help is at hand — wherever you may be.



Caring for You



Personal Response Systems | Medical Alarms | TeleHealth | Telephone | Internet ... and more!

INS LifeGuard Mobile Alarm Systems

We offer three types of Mobile Alarm Systems — one is sure to suit your lifestyle. The LifeGuard SmartMobile and SmartWatch can link to our LifeGuard SmartCarer app, so family / carers can interact with your alarm system, update your personal details, set geofences and monitor any vital signs taken (with your permission).







App Store

Patent Pending.



Patent Pending.



LifeGuard SmartMobile with SmartDock

You can purchase the complete system from us, including the all new SmartDock. LifeGuard SmartMobile has all the features of our SmartHome IP Dialler, but on a mobile phone so you can easily take it wherever you go.

Pressing the HELP button on the LifeGuard SmartMobile sends an alarm through to a nurse in our 24/7 Emergency Response Centre.

The built-in GPS locator ensures that we'll be able to speak to you, locate you and send assistance — even if you are not able to respond.

LifeGuard SmartMobile app only

If you prefer, you can download the LifeGuard SmartMobile app for your existing compatible^{*} smartphone. There's no charge for the app, and you can choose to buy the SmartDock separately, if desired.

These days most of us take a smartphone wherever we go anyway, so why not use it to make your alarm system portable?

Record vital signs even if you don't have our TeleHealth Service!

Our LifeGuard SmartMobile (and the app) also let you record your vital signs — either wirelessly using our approved range of monitors (blood pressure, blood sugar level, pulse, temperature, weight and ECG), or manually using your existing devices. You or your family / carer can monitor the data at any time via our free LifeGuard SmartCarer app or our secure Client Portal.

LifeGuard SmartWatch V2 (4G)

Our LifeGuard SmartWatch V2 is the very latest in wearable technology. More than just a watch, this device is also a mobile Personal Response System / Medical Alarm, a GPS Tracking Device / Locator, and even functions as a mobile phone. You can also use it to record vital signs as with the SmartMobile app (see note above).

Best of all you can rest assured knowing it's supported by INS LifeGuard, which means all medical alarms are actioned by nurses.

LifeGuard SmartTracker V2 (4G)

The LifeGuard SmartTracker is perfect for seniors who like to be independent and active. It is a stylish pendant that works using the same cellular phone technology as a mobile phone, but without the complicated features.

Simply press a button to send an alarm to a nurse in our 24/7 Emergency Response Centre. It also functions as a fall detector, and has a docking station for easy charging. Water resistant, so it's splash-proof (but cannot be worn in the shower or submerged in water).

* Minimum Android 4.4 with 5" Screen. iOS version also available.

+ In Development.

Specifications subject to change at discretion of INS LifeGuard.