



Optional Mia BT4 wrist or pendant transmitter lets you trigger an alarm without touching your phone (within Bluetooth range).



Patent pending.

## + Who can benefit?



Seniors



NDIS Clients



Lone Workers

# Introducing our new, improved Mobile Alarm System LifeGuard SmartMobile

Download the **FREE** app to your compatible<sup>†</sup> smartphone and take advantage of **2 months free 24/7 nurse monitoring** (Or 6 months free if you already have one of our in-home monitoring services!)

The LifeGuard SmartMobile lets you take your alarm with you wherever you go. Pressing the HELP button sends an alarm through to our 24/7 Emergency Response Centre. The built-in GPS locator ensures that in an emergency our nurses will be able to locate you, speak to you, and send assistance — even if you are not able to respond.

Two-way voice communication — so even if you can't physically answer an incoming call, the SmartMobile app can auto-answer in an emergency so we can still talk to you. By adding LifeGuard's new Mia BT4 transmitter you can even trigger an alarm without touching your phone (within Bluetooth range).

We can supply our optional **LifeGuard SmartDock** (see next page) for wireless charging and enhanced audio quality via the microphone and speakers in the dock.



### Works on your compatible<sup>†</sup> Mobile Phone

Use your own compatible<sup>†</sup> mobile phone and SIM, and download our app for free. Pay only a small monthly Monitoring Fee once the complimentary free trial ends.



### Monitored by nurses in our Emergency Response Centre

Can also record vital signs, either automatically via our available Bluetooth devices, or manually using your existing devices.\* Family and carers can interact with your system, with your permission, and monitor vital signs using our free LifeGuard SmartCarer app.

### Bonus Features ...

Make audio/video calls between the LifeGuard SmartMobile and LifeGuard SmartCarer app (app is free for family and carers).\* Ability to make audio/video calls from the Manager's and Client Portals coming mid 2022. Compatibility with wearable wellness monitors for ECG/Heart Rate, and Professional TeleHealth Service monitored by nurses<sup>o</sup> coming soon.

<sup>†</sup> Android version requires minimum Android 4.4 with 5" Screen.

\* This feature not yet available on iOS version (coming soon).

<sup>o</sup> Professional TeleHealth functionality in development, coming soon. TeleHealth monitored by family available now.

Scan QR Code to download the app.

Free Call  
**1800 636 226**

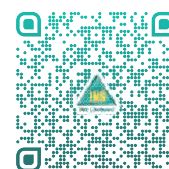
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Android



Apple iOS

## Android and iOS App Features

- Turns your mobile phone into a Mobile Medical Alarm – just like a standard pendant or wrist transmitter, pressing the HELP button on the LifeGuard SmartMobile sends an alarm to our 24/7 Emergency Response Centre
- Adding our optional Mia BT4 transmitter lets you trigger alarms without touching your phone (within Bluetooth range)
- 2-Way Voice (optional Video on Android version) Alarm response by LifeGuard’s Emergency Response Centre
- Can be used in SmartVillage Wi-Fi enabled Village Sites without need of a SIM
- Wi-Fi, 3G or 4G connectivity
- GPS Locator - in the event of an emergency our Response Centre nurses are able to locate you and direct Emergency Services to your location
- Tracking for dementia / Alzheimer’s with alarms sent if wandering
- Medical information / chat line

## Android App only (coming soon to iOS version)

- Geofence alarms – automatically notify contacts if user leaves set areas.
- Ability to record vital signs and family/carer can monitor OR add our full-featured Professional TeleHealth Service.
- *Concierge Service (optional)* — assistance with arranging appointments and booking taxis, electricians, gardeners, handymen, and much more
- Ability to make audio/video calls to the SmartMobile from the LifeGuard SmartCarer app. (Ability to make audio/video calls to the SmartMobile from Client or Manager’s Portals Coming Soon.)
- Medication reminders

Features subject to change at discretion of INS LifeGuard.

† Android version requires minimum Android 4.4 with 5” Screen.

\* This feature not yet available on iOS version (coming soon).

‡ In development.

◇ Professional TeleHealth Service in development, coming soon.



Optional SmartDock allows for wireless charging and features enhanced audio quality via built-in microphone and speakers.



Optional Mia BT4 wrist or pendant transmitter lets you trigger an alarm without touching your phone (within Bluetooth range).

## TeleHealth Features

### Free TeleHealth Service

The SmartMobile gives you the ability to record vital signs – either wirelessly using our approved range of monitors (BP, BSL, pulse, temperature, weight and ECG) or manually using your existing devices.\* You or your family / carer can monitor the data at any time via our free LifeGuard SmartCarer app or our secure Client Portal. There is no additional cost for this service.

### Optional Professional TeleHealth Service

The LifeGuard SmartMobile can let you take advantage of our professional TeleHealth Service, which assists with monitoring people’s health right in their own home.† It’s particularly useful for those with medical conditions such as diabetes, COPD, chronic heart failure or unstable blood pressure. Vital signs (blood pressure, blood sugar levels, pulse, and various other measurements) can be automatically recorded and sent to a nurse at INS LifeGuard for monitoring. If the readings are of concern, our nurse will action and follow-up with you.

### Automatic or Manual Entry of Measurements\*

We can supply Bluetooth capable monitoring devices that can automatically send your vital sign measurements to the SmartMobile. If you prefer to use existing non-Bluetooth capable devices, the results can be manually entered into the SmartMobile using the touch-screen. Either way, with our professional service, the results will be monitored by a Registered Nurse in our Emergency Response Centre.

### Registered Nursing Reviews

You can also receive a monthly Registered Nursing Review. Simply schedule an appointment via the SmartMobile. At the appointed time, our nurse will initiate an audio/video call. During the review our nurse will discuss with you any health issues, review your previous month’s data, and if required and agreed, forward a report to your medical practitioner.

## Optional SmartDock Features

We can also supply our LifeGuard SmartDock for wireless charging and enhanced audio quality via the dock’s microphone and speakers. (Requires compatible Android smartphone.)

- When the SmartMobile is docked, it acts as a clever companion to your existing SmartHome IP Dialler
- Wireless charging – simply place the phone centred on the front of the dock
- Built-in microphone and speakers enhance the audio quality of the LifeGuard SmartMobile

**For those with pacemakers:** Radiofrequency energy from mobile devices, including our SmartMobile, SmartWatch and SmartTracker, may cause interference with pacemakers and should not be used in close proximity to pacemakers. In particular, note the following precautions:

- **PROPER STORAGE** - avoid placing or wearing them next to the pacemaker. For instance, don’t carry your mobile device in your shirt or jacket pocket if it rests near the pacemaker.
- **PROPER DISTANCE** - hold your mobile device to the ear opposite the side of the body where the pacemaker is implanted. Ensure your mobile device remains at least 15 centimetres away from your pacemaker.